

Improvement – Fun – Exercise



**VIKING BASEBALL CAMP AT SEAFORD MIDDLE SCHOOL
PHONE (917) 847-4949**

EMAIL:

MILANO@VIKINGBASEBALLCAMP.COM

visit us on the web at:

VIKINGBASEBALLCAMP.COM

15th ANNUAL

Viking

Baseball/Softball

Camp 2019

AT SEAFORD MIDDLE SCHOOL

TWO WEEKS!! (9AM - 1PM)

WEEK 1 (5 DAYS): JUNE 27th 28th JULY 1st

JULY 2nd JULY 3rd *THU, FRI, MON TO WED**

WEEK 2 (5 DAYS): JULY 8th – JULY 12th

**A PROUD SPONSOR OF SEAFORD LITTLE LEAGUE,
THE HARBOR, THE MANOR & THE SEAFORD
BOOSTER CLUB!**

**(CPR/AED FIRST AID STAFF)
ENTERING GRADES 2nd – 8th**

COST: \$200 PER WEEK

TWO WEEKS!! (9AM - 1PM)

WEEK 1: JUNE 27th 28th JULY 1st JULY 2nd

JULY 3rd *THU, FRI, MON-WED**

WEEK 2: JULY 8th – JULY 12th (MON-FRI)

ENTERING GRADES 2nd – 8th

MILANO@VIKINGBASEBALLCAMP.COM

COACH MILANO – (917) 847-4949

INCLUDES: INSURANCE, INSTRUCTIONAL MATERIAL, INDIVIDUAL PERFORMANCE EVALUATIONS & **FREE CAMP SHIRT**

WHAT TO BRING: EACH DAY, CAMPERS SHOULD BRING THEIR GLOVE, A CAP, BAT, CLEATS, HELMET & SNEAKERS. CAMP STAFF IS NOT RESPONSIBLE FOR LOST EQUIPMENT AND/OR CLOTHING. PLEASE PUT YOUR NAME ON YOUR PERSONAL EFFECTS. CAMPERS MAY BRING THEIR OWN DRINKS/SNACKS.

TRADITION AND PRIDE: VIKING BASEBALL/SOFTBALL CAMP IS DEDICATED TO PROVIDING ALL CAMPERS WITH THE FINEST BASEBALL EXPERIENCE AVAILABLE REGARDLESS OF AGE OR ABILITY LEVEL. PRESENTED IN A POSITIVE ENVIRONMENT, THE CAMP STAFF WILL ENSURE A FUN, SKILLS-BASED BASEBALL/SOFTBALL EXPERIENCE. The camp is directed by the Seaford High School Baseball coaching staff & its counselors will include present and former members of the Seaford High School Baseball & Softball programs.

WE WANT YOU TO BE A PART OF THIS WINNING TRADITION BY ATTENDING OUR CAMP THIS SUMMER. IF YOU WANT TO LEARN AND HAVE A DESIRE TO IMPROVE...

Try Viking Baseball Camp!

We should all get to play a little ball in the summertime!

-----TEAR REGISTRATION FORM & MAIL-----

PLEASE MAKE CHECK OR MONEY ORDER PAYABLE TO VIKING BASEBALL INC.

MAIL TO: VIKING BASEBALL - P.O. BOX 3614 WANTAGH, NY 11793

SELECT [] Week 1 (5 Days) - Thur, June 27th, Fri, June 28th plus Mon July 1st to Wed July 3rd (9am-1pm): \$200

SELECT [] Week 2 (5 Days) – Mon July 8th to Fri July 12th (9am - 1pm) : \$200

2 week rate = \$400 *(\$380 if payment by June 1)**

EMAIL: vikingbaseballinc@gmail.com or TEXT 917 847 4949 for MOBILE PAYMENT options

(Please Print Clearly)

Camper's Name _____ Grade Entering 9/2019 _____ Age at Camp _____

School _____ D.O.B. _____ Home Phone _____

Cell/Work Phone(s) _____

Street Address _____ Town _____ Zip _____

PARENT EMAIL (please print clearly) _____

Emergency Contact Name & Phone _____

Please list allergies _____ Meds currently taking _____

Shirt Size: Youth M, YL, AdultS, AM, AL, AXL (Please Circle One)

*****Parents/Guardians must sign the back of this form*****

THE CAMP DAY

*SUBJECT TO CHANGE

9AM -ATTENDANCE/ANNOUNCEMENTS

- WARM-UP ACTIVITIES

- SMALL GROUP DEFENSIVE DRILLS

9:30 -INSTRUCTIONAL SESSIONS

9:45 -SMALL GROUP DEFENSIVE DRILLS

10:30 -INSTRUCTIONAL/NUTRITIONAL BREAK

11:00 - HITTING/BUNTING/BASERUNNING

11:45 -INSTRUCTIONAL GAME

1PM -CAMP ENDS

*CAMP DROPS & PICK UPS IN THE MIDDLE SCHOOL BACK PARKING LOT

*AED/CPR/FIRST AID COACHES

*CAMPERS WILL PLAY MULTIPLE POSITIONS

*CAMPERS WILL WORK WITH A VARIETY OF HS COACHES AS WELL AS HS & COLLEGIATE SEAFORD HIGH SCHOOL BALLPLAYERS

*IMPROVEMENT-FUN-EXERCISE

*CAMP DIRECTOR – MIKE MILANO SEAFORD HS BASEBALL HEAD COACH (2004-PRESENT)

*A SEAFORD TRADITION FOR THE PAST 15 SUMMERS!

VIKINGBASEBALLCAMP.COM
SEAFORDBASEBALL.COM

REGISTRATION

-INCLUDES-

A FREE CAMP T-SHIRT FOR EVERY CAMPER

• AN INSTRUCTIONAL, FUN ENVIRONMENT

• DEDICATED COUNSELORS/STAFF

• DAILY STATIONS & INSTRUCTION THAT TEACH BASIC & ADVANCED SKILLS.

TOPICS INCLUDE:

• THROWING/FIELDING TECHNIQUES HITTING & BUNTING FIELDING & CATCHING BASE RUNNING

• TEAMS ARE FORMED ON AGE & ABILITY LEVEL

• A WRITTEN PROGRESS EVALUATION WITH PERSONAL RECOMMENDATIONS AT WEEK'S END.

• FACILITIES: BRAND NEW SEAFORD HIGH SCHOOL BASEBALL FIELDS & MIDDLE SCHOOL GYM IN CASE OF INCLEMENT WEATHER.

• ALL KIDS HAVE FUN AROUND THE GREAT GAMES OF BASEBALL/SOFTBALL



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PLEASE COMPLETE THE APPLICATION FORM

THE ENTIRE FEE MUST ACCOMPANY THE APPLICATION, WHICH IS NON-REFUNDABLE.

I UNDERSTAND THAT ANY CAMPER WHO DOES NOT ABIDE BY RULES AND REGULATIONS PROMULGATED BY THE CAMP IS SUBJECT TO DISMISSAL WITHOUT REIMBURSEMENT OR RECOURSE. THE CAMP IS NOT RESPONSIBLE FOR INJURY OR ILLNESS IF SAME WAS NOT CAUSED THROUGH FAULT OF CAMP.

I HEREBY AUTHORIZE THE VIKING BASEBALL INC., CAMP TO ACT FOR ME ACCORDING TO THEIR BEST JUDGMENT IN ANY EMERGENCY SITUATION.

SIGNATURE OF PARENT / GUARDIAN

X



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