



SHS-PTSA Newsletter for the Week Ending 9/27/2019

As we finish September, we are very proud of all the effort our students, faculty and staff have offered during this important first month of the school year. Here is the Newsletter with some highlights from the past two weeks.

Valedictorian & Salutatorian Announced

It is our pleasure to announce that the Class of 2020 valedictorian and salutatorian are Jason Linzer and Matthew Karounos, respectively. Both of these great young people have achieved incredible heights while also being of the highest quality human beings. We know their families are so proud of them, and we are, too. Congratulations to Jason, Matt and all involved with their wonderful successes thus far.

National Merit Scholarship Competition Commended Student

We are proud to announce that senior, Jason Linzer, was deemed a Commended Student by the National Merit Scholarship Corporation for having a PSAT score in the top 3% of the nation. Jason was one of 50,000 students chosen for this honor out of the over 1.5 million PSAT test takers last October. Jason is one of few SHS students over the years who have earned this terrific distinction. Congratulations to Jason and his family!

Fall Sports Captains' Breakfast

The SHS Athletic Leadership Committee just held our fall sports captains' breakfast. The goal of these breakfast meetings is to honor the captains and instill leadership lessons as offered by coaches, athletic director and members of the administrative team. The theme of this breakfast involved discussion of captains as liaison between players and coaches.

Our varsity captains this fall are as follows:

CHEERLEADING : Maggie Brolly, Samantha Cella, Kelsey Gil, Jordan Gilbert, Shelby McKeon, Julia Galante

CROSS COUNTRY: Jason Linzer, Sarah Keane

FIELD HOCKEY: Hailey Galison, Katelyn Kern, Jessica Kofod, Katelyn Winter

FOOTBALL: Thomas Viscio, Andrew Volpi, Logan Masters, Chris Surace, Patrick Quinn, Tim Russell, Joe Cain, Nick Brandi, Connor Van Dusen, Jason Rebaudo
BOYS' SOCCER: Robert Bertoncini, Matt Karounos, Vincenzo Buffolino
GIRLS' SOCCER: Jolie Kistinger, Ally McMahan, Olivia Pearse
VOLLEYBALL: Emily DeVito, Kelly O'Kane, Karyn Schaller

We thank all fall varsity coaches for their support in this important endeavor, and for attending the breakfast as able. They include coaches Botti, Ferrari, May, Pascarella, Perpall, Savage and Trentowski. We also thank athletic director, Coach Witt, for helping to lead this important learning moment for our student-athletes.

SHS Opens "2nd Cup @ SHS" Coffee & Conversation Sessions

In working with the PTSA, we are happy to announce that SHS will pilot an effort to enhance dialogue with our families entitled, "2nd Cup @ SHS". The goal for these hour-long sessions will be to answer questions and provide needed information to interested parents/guardians. The first session will take place on Tuesday, October 8th at 9am in the Guidance College & Career Center.

Extra-Help & Related Information

To remind, under new district understandings, each academic department will be committed to offering one extra-help session each week on a given day according to the below.

Monday - Art, Social Studies

Tuesday - Business, Computers, English

Wednesday - Science, Technology

Thursday - Health/PE, Math, Music, World Languages/ENL

The other two sessions each week would be at teacher discretion. Note that this is not a hard and fast rule; just an effort we will make as a building to manage the system to the best results.

To accommodate extra-help planning, athletics practices have been pushed back to no earlier than 3pm start times. Similarly, clubs and activities events and meetings will not start until 2:45 p.m.

Wellness & Mental Health

As mentioned in the first newsletter, the SHS Health/PE Department will engage all students in lessons aimed at building wellness and mental health this year. The first of these efforts will occur during the week of October 21 and relate to self-respect and stress management. We hope all students benefit from the great effort of our Health/PE faculty, Ms. Bartkus, Mr. Botti, Ms. Dunn, Ms. Hoernig, Mr. Pascarella and Mr. Spreckels. More information will follow.

Health & Safety

Here is another article link regarding the vaping problem facing our young people. It is from Newsday from the first week of September.

<https://www.newsday.com/news/nation/vaping-illness-death-1.35971187>

Painting of Back Parking Lot Lines

Please know that the back parking lot's lines will be painted on Monday and Tuesday of the coming week. Be mindful of not using that area if you are coming to the building those days. Please also remember, pick up by the music wing is unsafe in terms of traffic accidents and should be not be done.

We hope that everyone enjoys the weekend. Happy holiday to those celebrating. And ... Go Vikings!

Sincerely,

Mr. Bersin

Ms. Bisulca

Ms. Schnabel